



The Berkley Times

Creating Community Through People, Parks and Programs

April-May 2016

248.658.3470

Community Center Weekly Activities

- Euchre**
12:30pm Mondays
1st & 3rd
- Pinochle**
2nd & 4th Mondays
Last day April 25
- Exercise Class**
10:00am Mon. & Thur.
9:30am Tuesdays
- Scrabble**
1:00pm
2nd & 4th Thursdays
- Wii Bowling**
11:00am Tuesdays
- Bingo**
2:00pm
2nd & 4th Tuesdays
- Berkley Neighbors**
6:30pm Tuesdays
- Matinee Movies**
2:00pm Wednesdays
- Tai Chi**
9:30am Wednesday
- Computer Classes**
10am - 1:00pm
Thursdays
- Mahjong Madness**
12pm Thursdays
- Duplicate Bridge**
12:30pm Fridays

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Activities, Services & News for Adults 50+

An invitation

Spring Into Action . . .

Start Planning Your Vacation Today!

Berkley Parks and Recreation is proud to be offering new extended and day trips presented by Rybicki Tours. Everyone is welcome to attend an informational travel meeting where Mike Rybicki will present new Spring, Summer and Fall tours. Join us to see how easy and exciting traveling can be. Sue will also be on hand to discuss upcoming day trips and answer questions. Refreshments will be served. Van transportation is available for Berkley residents.

Please RSVP @ 248.658.3470.

Date: Tuesday, April 12 Time: 1pm

Love Letters / Fisher Theater

When they were both just seven years old, Andrew wrote his first letter to Melissa to tell her that she looked like a lost princess. Over the next fifty years through personal triumphs, despair, wars, marriages, children and careers they poured out their secrets to each other. Starring Ali MacGraw and Ryan O'Neal. Sign-up early, this fabulous trip is sure to sell out! **Only two seats left!**

Date: Thursday, April 14 Departs: 11:45am Cost: \$49



Senior Day at the Detroit Zoo

It's time to monkey around at the Detroit Zoo! Enjoy a special day just for Seniors at the Detroit Zoo. Stop by the Senior Resource Area to visit with vendors and receive lots of freebies. There will also be special Bingo games with fabulous prizes and live entertainment. Don't forget to visit all the amazing animals. See you at the zoo!

Date: Wednesday, April 27 Departs: 10am Cost: \$6

Outdoor Adventure Center & Atwater Brewery

Experience exciting outdoor adventures with hands-on activities, exhibits and simulators-walk behind and touch a waterfall, step into a fishing boat and reel in a big fish, hit the trail on a mountain bike or snowmobile, and much more. Next, we will enjoy lunch on your own at Atwater Brewery, plan \$10 - \$20 for lunch.

Date: Thursday April 21 Departs: 10am Cost: \$12

Lorenzo Cultural Center - "A Thousand Letter Home"

Teresa Irish, author of "A Thousand Letters Home," takes you on an inspirational, entertaining, educational, and life affirming journey based on the 1,000 letters her father wrote home from World War II. Giving a firsthand account through the eyes, heart and words of one soldier, and mirroring the journeys of many who served in WWII.

Date: Wednesday, April 28 Departs: 10am Cost: \$10

Detroit '67 / Detroit Public Theatre

Journey to 1967 in the City of Detroit. Motown music is getting the party started. Chelle and her brother Lank are making ends meet by turning their basement into an after-hour joint. The siblings clash over much more than the family business. As their pent-up feelings erupt, so does their city and they find themselves caught in the middle of the '67 riots. Cost: \$32

Date: Wednesday, May 11 Departs: 12:45pm

Older Person Commission "Spring Fling"

The 650 players present an original musical variety show including some personal favorites designed to usher in the fresh breeze of Spring. Performance & lunch included.

Date: Thursday, May 12 Departs: 11am Cost: \$22

Detroit Tigers vs. Philadelphia Phillies

Join us for a beautiful day at the 'ole ballpark. There is much to see at Comerica Park and you'll have plenty of time to do so. Today's day game includes a voucher for lunch (hot dog and beverage.) Sign-up early, tickets are limited. Section #113, close to food and restrooms.

Date: Wednesday, May 25 Departs: 11:15am Cost: \$45

Forever Plaid - Meadow Brook Theatre

Once upon a time there were four guys who discovered they shared a love for music and got together to become like their idols - The Four Freshman. On the way to their first big gig, the "Plaids" are slammed broadside by a school bus and killed instantly. It is at the moment when their careers and lives end, that the story of Forever Plaid begins. Enjoy songs like, "Three Coins In a Fountain," "Chain Gang" and "Shangri La." Cost: \$30

Date: Wednesday, June 1 Departs: TBA



Dow Gardens, Bay City - Rybicki Tours

In Bay City a local step on guide will join us for a tour of the downtown area, explaining the legends and history in this Great Lakes Bay Region. We will enjoy lunch at the legendary "Krzysiak's House." This restaurant serves authentic Polish and American cuisine. Relax among the Polish murals and music with this buffet-style meal (tax & gratuity included.) Next it's off to Dow Gardens for a one hour guided walking tour. In this beautiful setting you'll view ponds, streams, annuals and perennials and a historic bridge which takes you to the conservatory. Beverages and snacks will be available enroute.

Date: Tuesday, June 21 Departs: TBA Cost: \$84

Shopping Trips

Plan your shopping without, the headache of driving in traffic and looking for those hard to find parking spaces. All trips depart at 11am. Cost for each trip \$5!

Store:	Date:
Target	Friday, April 1
Wal-Mart	Friday, April 22
Oakland Mall	Friday, May 13
Somerset	Friday, May 27

Oxford Park Towers residents will be picked up at 10:45am.



Restaurant Outings

Gather up your friends and join us for these delicious lunch outings. Trips fill up fast, so sign up early!

Restaurant:	Date:	Departs:	Cost:
Alibi Lounge	Mon. April 11	11:30am	\$7
Golden Correl	Thurs. May 26	11am	\$7
Mexican Fiesta	Mon. June 13	11:30am	\$7

Pick-up time for Oxford Park Towers is 15 minutes prior to departure time.

Casino Trips

Try your luck with an exciting day of gambling fun. Anyone over the age of 21 is welcome on our casino trips.

Casino:	Date:	Departs:	Cost:
GreekTown	Thurs. May 19	10am	\$14
MGM	Thurs. June 16	10am	\$14
MotorCity	Wed. July 13	10:30am	\$14



FireKeepers Casino

Tuesday, April 19
Departs: 9am Cost: \$39

Playing with fire is about to get way more fun! This package includes: transportation, casino package: \$20 slot credit, \$5 food, slot or gift shop. Presented by Bianco Tours.

Extended Travel 2016 - Rybicki Tours

Washington, D.C. / Gettysburg, Pennsylvania

Thursday, April 21-25 Five days/ four nights, Eight meals
 Featuring: W.W.II Memorial, Mount Vernon, Flight 93 Memorial, Potomac River Boat Cruise and more.
 Please see flyer for details. All money due now!
 Cost: \$999 Double Triple: \$949 Single: \$1299

Kentucky & Tennessee/ Smoky Mountains

Friday, May 13-18 Six days / Five nights, Ten meals
 Featuring: Dollywood, Ober Gatlinburg Tram, Barn Dance Show, Cumberland Falls State Park, Great Smoky Mountains National Park Tour, and much more.
 Cost: \$999 Double Triple: \$949 Single: \$1349

The Ohio Light Opera/ Wooster, Ohio

Friday, July 29-30 Two days/ One night, Two meals
 Featuring: two plays, "Have A Heart" & "Kiss Me Kate"
 Cost: \$399 Double Triple: \$389 Single: \$459

New York City/ Manhattan & Times Square

Thursday, Aug. 11-16 Six days/ Five nights, 5 meals
 Featuring: Empire State Building, Statue of Liberty, Dinner Cruise, St. Patrick's Cathedral and much more.
 Cost: \$1499 double Single: 1,999 Triple: NA

New Extended Travel Policy:

When paying for the above extended trips please make all checks out to: **Rybicki Tours**
 Flyers are available for all trips at the Berkley Community Center, call 248.658.3470 for more information.

Extended Travel 2016 - Collette Tours

London & Paris September 14 - 21, 2016

Discover the beauty and allure of both London and Paris. The many highlights of this trip include: Buckingham Palace, Big Ben, London Theatre performance, Eurostar Train, Eiffel Tower Dinner, Seine River Cruise, Arc de Triomphe, and Paradis Latin Cabaret. This eight day trip also includes 9 meals, six breakfasts and three dinners.
 \$250 deposit per person due upon reservation.
 Cost: Single: \$4,899 Double \$3,999 Triple: \$4,199



New Extended Travel Policy:

When paying for extended trips please make all checks out to: **Collette Tours.**

Lush forests and stunning waterfalls, exotic wildlife and endless coastlines.



Topical Costa Rica

Nov. 10 - 18, 2016

Costa Rica is truly a slice of paradise. Highlights include: San Jose, Coffee Plantation, Gaunacaste, Monteverde Cloud Forest, Hanging Bridges Tour, Arenal Volcano, Lake Arenal Cruise, and Cano Negro Refuge. This fantastic nine day trip includes 13 meals: Eight breakfasts, and five dinners. Start planning your 2016 vacation now!
 Brochures are available at the Berkley Community Center.
 \$250 deposit per person due upon reservation.
 Cost: Single: \$3,049 Double: \$2,599 Triple: \$2,569



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Get To Know Your Laptop

This exciting class is our Basic 101 class. You will learn about the physical laptop itself, security issues, internet safety and how to do research. This is your chance to improve your skills in a non-threatening environment. This slow paced class is designed with seniors in mind. Bring your laptop with you. Six week sessions. Cost: \$60
Date: Thursdays, April 7 & May 19 Time: 10am

All About Gadgets - Ask The Instructor

Not sure how to use all those new gadgets. Help is here! Have your questions ready for Marta, our multi-talented instructor. Bring in your laptop, cellphone, tablet, e-reader, or camera. Make sure to bring all cables and power cords with you. Class is one-on one with instructor. Call to set-up your class times at 248.658.3470.
Cost: \$20/30 minutes or \$35/one hour
Available Thursdays only, 9am or 11:15pm.

**Self Defense for Women**

Can you defend yourself against a violent attack? You don't have to spend years training in an expensive program. Learn valuable, life saving skills from programs designed to increase your safety after only one class! Learning is best accomplished by doing. Our hands-on course teaches time-tested, relevant and realistic skills that are easy to learn and retain under stress. Designed to be safe, this course instills confidence by building on success. You are coached according to your own rate of progression. No previous training required. A great stress reliever and lots of fun.

Instructor: Live Safe Academy

Date: Monday, May 23 Time: 6:30 Cost: \$35

Wednesday At The Movies 2:00pm

Date:	Movie	Rating	Length
April 6	Spotlight	R	2hr 8mins.
April 13	St. Vincent	PG 13	1hr 42min
April 20	Secret In Their Eyes	PG13	1hr 51min
April 27	Sue's Choice		
May 4	Creed	PG13	2hr 13min.
May 11	Room	R	1hr 58min
May 18	Miss You Already	PG 13	1hr 52min
May 25	Sue's Choice		

You won't want to miss these great movies shown on our big screen TV. Snacks and beverages are included, cost is .50. Van Service is available call 248.658.3470. Pick-up from Oxford Park Towers is 1:30pm

Tai Chi Class

Now is the time to try this gentle motion class that is designed with Seniors in mind, although everyone is welcome to attend. It has been shown that Tai Chi may help to improve your circulation and lower blood pressure.

Watch or Try the first class for free.

Date: Wednesday, April 6 & May 18

Time: 9:30am Cost: \$30/ Six week

**Creative Writing Workshop - NEW**

Creative writing is an art form available to everyone. This workshop provides a safe and supportive space for both new and seasoned writers to practice their art and generate new work. A writer is someone who writes, and every writer has a unique voice. This session includes an optional one-on-one meeting with Alison Ernst, the workshop leader trained and certified by Amherst Writers and Artists . Five week Session.

Date: Tuesdays, April 5 Time: 7pm-9pm

Cost: \$130 resident \$135 non resident

FREE Exercise Classes - Drop-Ins Welcome

Mondays @ 10am "Sit Down & Tone Up"

Tuesdays @ 9:30am "Sit Down & Tone Up"

Thursdays @ 10am "Older & Wiser Workout"

Check with your doctor before starting an exercise program.

Wii Bowling - Tuesdays @ 11am

Wii Bowling simulates real-life bowling by using simple motion controls. Bowling the ball is as easy as flicking your wrist. New players are always welcome.

Mahjong Madness - Thursdays @ 12pm

Mahjong is now offered here at the center. Drop-ins are always welcome. No Mahjong 2nd week of the month.

Lunch and Tea at Farina's Banquet Center

Let's celebrate Mother's Day with lunch and tea at the beautiful Farina's Banquet Center. Soup, salad, roll, dessert and your choice of teas will be served.

Please feel free to bring your favorite tea cup, poem, or pictures to share. ***RSVP by May 3.***

Date: Tuesday, May 10

Departs: 12:15pm

Cost: \$20



Support Services

Senior Van Service

Is available for all Berkley residents. Call the office at 248.658.3470, 9am-11:30am - Monday-Thursday to make van reservations. Due to traffic and special assistance demands, give the driver a fifteen minute window with regard to your scheduled pick-up time. Please have the address for where you are going ready at the time of your call. A \$5 donation both ways \$3 one way, is recommended. If you are joining us at the Berkley Community Center your ride is FREE.

Loan Closet

We are happy to lend out: walkers, wheelchairs, canes, tub chairs and raised toilet seats to any Berkley resident in need. Cell phones for 911 are also available. Call the center for availability or more information.

Meals On Wheels

Did you know that delicious hot lunches can be delivered daily through Emerald Foods at 248.689.0001. Cost is \$3.50 per day.

Area Agency on Aging 1-B

Have certified Resources Specialists available 8am-5pm, Mon - Friday to answer questions and provide information on local services for seniors. Call 1-800.852.7795

Nurse On Call

The nurse on Call offers information about health and related resources. Public Health Nurses answer questions regarding communicable diseases, immunizations, prescription assistance, nutrition and more. They make referrals to health-related resources located in Oakland County. Call 1-800-848-5533 or email at noc@oakgov.com.

SunShiners

This group has embarked on a very important mission and that is to send the message to our community family, that even though they are not able to be as active as they like, they are remembered in our thoughts and in our prayers. Would you or someone you know like or need a friendly "hello" card? Please call Sue at 248.658.3470 and bring a little sunshine into your life.

Oakland County Senior Services - Elder Abuse Prevention

Help and information are available to prevent and stop elder abuse. If you suspect that someone is being abused or neglected, make an anonymous report to Adult Protective Services at 1-855-444-3991. If you are not sure, call and talk with a professional who can

Emergency Cell Phones

Available at the Community Center office for all Berkley Seniors. These phones are only good for calling 911 and you must give your location. See staff for more information or for a phone.

AARP Senior Tax Aide Last day Thursday, April 14

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What's Buzzing In Berkley

Berkley Days . . . Thursday, May 12-15
Taste of Berkley Thursday, May 12
Berkley Art Bash Saturday, June 11
Citywide Garage Sale Fri. June 24 & 25

Day Trips . . . Coming Soon!!!

July 14 - "Canadian Legends"
Huron Country Playhouse
August 3 - Put In Bay
South Bass Island, Ohio
August 24 - "Mamma Mia"
Huron Country Playhouse

"We Care"

City of Berkley
Parks and Recreation
2400 Robina
Berkley, MI 48072
www.berkleymich.org

ADDRESS CORRECTION REQUESTED



**Please Support Our
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**Community Center Closed
Monday, May 30**

**Mayor
Phil O'Dwyer**

**Council Members
Steven Baker
Jack Blanchard
Alan Kideckel
Eileen Steadman
Dan Terbrack
Tina Edgar**

**Parks & Recreation
Director
Theresa McArleton**

**Senior Coordinator
Sue Thornton
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